

Uintah County Drug Court

Participant Handbook



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WELCOME TO THE UINTAH COUNTY DRUG COURT PROGRAM

This participant handbook will provide overall information, answer general questions and inform you of the rules of the Drug Court. As a participant, you will be required to follow the instructions contained in this handbook and the orders given to you by the court, as well as comply with the treatment plan designed for you by your Counselor. You are encouraged to share this handbook with your family and friends.

MISSION OF THE UINTAH COUNTY DRUG COURT

Our primary goal is to heal addicts. The Uintah County Drug Court is a judicially-supervised substance abuse treatment program for people who have drug related charges. Through frequent court appearances, intensive therapy and learning life skills, you will receive an opportunity for a drug-free life.

DESCRIPTION OF THE DRUG COURT

The Drug Court is a court-supervised, comprehensive treatment program for people who have drug related charges in the Uintah County District Court. This is a voluntary program that includes regular appearances before the assigned Drug Court Judge. The program length is a minimum of one year and may be longer, depending on your progress. In order to graduate successfully, all participants must complete all requirements within two and one half years.

Treatment is provided by Northeastern Counseling Center. Treatment includes individual and group therapy, and may include life skills and anger management classes. A Counselor from Northeastern Counseling will guide your treatment, help you with referrals for job training, education and skills assessments, and life skills classes, as needed. Active participation in 12-step recovery groups is a key component of the Drug Court. As a Drug Court participant, you will be given regular and random urine, saliva, or breath tests to determine whether you are remaining clean and sober by abstaining from illegal drugs and alcohol.

You may request entry into the Drug Court through your attorney. Participation in Drug Court requires entering into a “plea in abeyance” plea to some or all of your drug charges. A “plea in abeyance” will allow you to withdraw your guilty plea if you successfully complete Drug Court and remain crime and drug free for three years.

Your attorney will advise you of your choices and discuss the Drug Court program with you. If you are accepted into the Drug Court program, your attorney may continue to represent you in the Drug Court. Failure to successfully complete the Drug Court program will result in the entry of your guilty plea and sentencing.

Because the eligibility for admission to Drug Court stems from criminal charges, admission to Drug Court will only be granted if your agreement is approved by the prosecuting attorney who is handling your case. If the prosecuting attorney approves your admission, it must also be approved by the Drug Court Administrator. Admission to the Drug Court program can be denied for any reason.

The District Court Judges also serve as the Drug Court Judges. Participants will be assigned to a particular Judge and will continue to appear before that Judge during the program.

DRUG COURT MONITORING & SUPERVISION

As a Drug Court participant, you are required to appear in Drug Court on a regular basis. At the beginning of your treatment program you may be required to appear every other week. You will be assigned a Drug Court Case Manager (aka Tracker). Your Case Manager will track and report to the Judge regarding your progress, your attendance at self-help (12-step) meetings, your drug test results, your employment or schooling progress, your current account balance on fees, and your attitude. The Judge may ask you, your Case Manager, your Counselor, or others involved in your treatment and tracking, about your progress and your needs. If you are doing well, the Judge will encourage you and help you progress to the next phase in the program. If you have failed to comply with any of the requirements of Drug Court, the Judge may sanction you. The Judge may also change the treatment program according to your needs and progress.

In addition to the sanctions given by the Judge, your Case Manager may impose sanctions or arrest you and ask that you be held for up to three business days.

If you fail to appear in Drug Court, a warrant for your arrest will be issued by the Judge, requiring that you be held until the Judge can determine an appropriate sanction. If you cannot appear in court, you must notify the court clerk immediately and explain why you cannot appear. If you have any questions about your scheduled appearances, contact your Case Manager or contact the court clerk at 435.781.9300.

Warrants or new arrests could result in your termination from the Drug Court program. While there is no absolute criteria which will automatically result in the termination of your participation in Drug Court, the following may subject you to termination from the program:

- 1) repeated positive drug or alcohol tests;
- 2) repeated missing, or appearing late for, court;
- 3) repeated missing, or appearing late for, treatment meetings;
- 4) missing self-help (12 step) meetings;
- 5) failure to regularly pay fees;
- 6) violence toward any Drug Court staff;
- 7) attempts to dilute, flush, or tamper with urine samples;
- 8) contesting a test that is later confirmed positive by GC/MS;
- 9) disclosure of confidential information obtained in treatment groups or 12 step meetings; or
- 10) any other violation of the Drug Court rules or orders of the Judge.

Decisions regarding Drug Court termination will only be made after a hearing. The Drug Court Judge may consult with your treatment Counselor, Case Manager, the Drug Court Administrator, or any other person involved in your participation and treatment, as part of determining whether to terminate your participation in Drug Court. As you succeed in Drug Court and advance through the phases, your court appearances and counseling obligations will decrease.

MEDICATION / PRESCRIPTION DRUG / HERBAL DRUG POLICY

Any medication, drug, or herbal supplement that you take must be reported at the time of your drug tests. Proof that you are taking the medication, drug, or herbal supplement should be given to your Case Manager. Proof could be a written prescription, a pill bottle, etc.

Unless you are granted special permission by the Drug Court team (Case Managers, Counselors, Judges, and Administrators), uses of certain classes of medication, drug, or herbal supplement (whether prescribed or not) will result in delaying your progress in Drug Court. This delay will continue until you are off the medication, drug, or herbal supplement. If you feel that it is necessary to be on a medication, drug, or herbal supplement for longer than one month and special permission is not granted, you will need to choose between: 1) taking the medication, drug or herbal supplement; OR 2) being part of the Drug Court program.

To provide some guidance, the following are classes of drugs that are covered under this policy:

- Hypnotics
- Sedative (Sleeping aides)
- Anxiolytics (Anxiety medications)
- Opiates/Opioids
- Stimulants
- Barbituates
- Any herb which if used causes a “high” (including, but not limited to, Salvia)
- Any medication or food that contains any amount of alcohol

Any doctor prescribing these classes of medication, drug or herbal supplement to you should fill out a waiver sheet acknowledging that you are participating in Drug Court and that you are drug-dependent. A waiver sheet is available from your Case Manager. It is your responsibility to ensure that this is done. It is also your responsibility to know what your drug of choice is. You may be diagnosed with multiple drug dependencies but only consider one drug your drug of choice. Your list of drugs of choice must include all of the drugs that you are diagnosed as being dependent on. You should talk to your Counselor about your dependency diagnosis so that there is no question as to your drugs of choice.

If you or your doctor are unsure as to whether or not a particular medication, drug, or herbal supplement is in the class of drugs that is prohibited by the Drug Court program, the waiver form should be filled out. Emergency medications are no exception. It is in your best interest to have a waiver form in your possession at all times.

DRUG COURT FEES

You will be required to pay \$35.00 per week to continue participation in the program. At times, your fees may increase if you do not make satisfactory progress in the program. If your participation in Drug Court is terminated, any fees owed will be converted to a judgment and you will be ordered to pay all past due fees.

Your fees only cover approximately thirty percent of the cost of your participation in the Drug Court program. The remainder of the cost is paid by Uintah County, the State of Utah and private donations. Paying a portion of your own treatment cost is part of your recovery.

If you get behind in fees, your Case Manager or the prosecuting attorney will ask for a warrant, with the requirement that you pay all past due fees, plus an additional \$100.00 cost. You will be required to provide this by way of bail before you will be released from jail. Warrants will be sought during any Drug Court session in which all four phases are in attendance. You will also need to prepare and submit a three-month budget to your Case Manager, with supporting documentation concerning income and expenses.

DRUG TESTING

Uintah County Drug Court uses urine, saliva and breath testing equipment. The urine test provides information on the quantity of specific drugs that may be in your system. Drug test are designed to provide the Judge, Case Managers, and treatment professionals with an objective indication of your progress in becoming and remaining drug free. Advancement from one phase of the program to another and graduation will depend, in part, on consecutive drug-free tests.

Drug testing is initially conducted on each participant three times per week, on a random basis. Testing requirements should decrease as you progress through the Drug Court program. As a Drug Court participant, you will be assigned a color. You are to call the Drug Court number (781.6706) each day starting at 5:00 PM. If your color is being tested that day, you must report that day to the Uintah County Drug Court office between 6:00 PM and 10:00 PM for a test.

All drug tests are monitored. This means that one of the jail or Drug Court staff will actually watch you give the urine sample. Failure to cooperate with the jail or Drug Court staff will be considered a positive test. Jail or Drug Court staff are entitled to request your full cooperation to insure that the urine is not being tampered with. At the conclusion of providing the urine sample, you will be required to initial the sample cup. Either you or Drug Court staff will then seal the cup with tamper-resistant tape and place a bar code label on the sample. The sample will then be placed in secure refrigerated storage until the testing is completed. All urine that is positive for any controlled substance will be confirmed by GC / MS (Gas Chromatography / Mass Spectrometry). You will also be required to pay \$20.00 for all positive tests. This additional fee covers the cost of confirming the positive test. All urine that tests negative will be discarded after the test.

A positive test result will not be used as evidence of a new crime or a violation of probation. Continued positive tests may result in removal from the Drug Court program. If you are removed from the Drug Court program, you may be subject to penalty in accordance with your original plea negotiation.

Refusal to submit to a test, or failure to test for any reason, is considered a positive test. Tampering with, adulterating, or attempting to provide a false urine, breath or saliva sample will result in serious sanctions, including possible termination from the Drug Court program. All participants must provide non-diluted urine samples. Evidence of consistent and constant dilutions of urine samples may result in sanctions or termination from Drug Court.

Each time you report for a test, you will be required to disclose all medications, including prescription and over-the-counter medications, you have taken within the last 3 days. Failure to

disclose any medication prior to testing will be considered a positive test. Remember, before taking any medication, you must first have approval from your Drug Court Case Manager and treatment Counselor. Failure to obtain permission prior to taking the medication will be considered a violation of the court rules and sanctions will be imposed.

Finally, remember that as a Drug Court participant, you are always subject to random drug and alcohol test at any time as requested by the Judge or Case Managers.

INCENTIVES

Incentives are an important part of recovery. The program is structured to reward you for your active and committed participation.

Participant Piggybank:

Upon entry to the Drug Court program, you will receive a \$1,000 credit to your Participant Piggybank. If you complete the program without any sanction, you will receive the full \$1,000 when you graduate. If you choose to violate Drug Court rules, some or all of the \$1,000 will be taken away.

The credit cannot be used to pay fees owed in order to move from one phase to another. Once the entire \$1,000 is depleted to zero, any further amounts taken from the Piggybank will be treated as fines or increase of fees, which you will be required to repay. If you are terminated from the Drug Court program, your Participant Piggybank will be zeroed out. If you have a negative balance at that time, it will be converted to a fine that you will have to pay.

A NOTE ON IMPLEMENTING THE PIGGYBANK: All drug court participants currently in Phase 1 will receive \$1,000 credit; those currently in Phase 2 will receive \$750; those currently in Phase 3 will receive \$500; and those in Phase 4 will receive \$250.

Other Incentives:

In addition to the Participant Piggybank, there are many other incentives available to you as you diligently complete the Drug Court program, including:

- Acknowledgement of accomplishments such as compliance with treatment program, completion of GED or obtaining of a job at the status hearing;
- 100% attendance at group meetings = Incentives from your Counselor;
- Attending group or individual counseling = 1 chip per meeting or counseling session;
- 12-step meeting attendance = 1 chip for each meeting attended;
- Reading and reporting on a book about addiction (available at the Uintah County Library - see the list included with this handbook) = 1 Medallion or 25 chips;
- Ability to purchase items with Chips in the “Incentive Store” at the Drug Court office;
- Negative drug tests = 1 chip for each clean test;
- Moving from one phase to another on time:
 - Moving from Phase 1 to Phase 2 in 12 weeks = \$100
 - Moving from Phase 2 to Phase 3 in 36 weeks = \$200
 - Moving from Phase 3 to Phase 4 in 20 weeks = \$100
 - Being ready to graduate within 10 weeks after entering Phase 4 = \$100
- Gift certificates for a local restaurant or recreational activity;
- Presentation of a diploma for graduation from any phase of the program;
- Perfect performance during the first month of ANY phase = Membership to the Uintah County Recreation Center (USE IT, OR LOSE IT - must use at least three times per week).

NOTE: You will not eligible for incentives if you have any pending violation(s). You must resolve pending violations with the Court receiving incentives.

SANCTIONS

REMEMBER, THE SANCTIONS LISTED IN THIS HANDBOOK ARE ONLY INTENDED TO GIVE YOU SOME EXPECTATION OF SANCTIONS RELATED TO VIOLATIONS OF DRUG COURT RULES. ALL SANCTIONS ARE SUBJECT TO THE JUDGE’S FULL DISCRETION.

Common Sanctions Include:

- Increased requirements for attendance to groups / classes or additional urine tests;
- Payment of a fine or an increase in fees;

- Phase adjustment downward;
- Jail time;
- Community service;
- Preparation and presentation of an essay on your rule violation;
- Ankle monitoring (\$10 per day) or House arrest with ankle monitoring (\$10 per day).

SANCTIONS TABLE

VIOLATION	1st OFFENSE	2nd OFFENSE	3rd OFFENSE
Late to Drug Court or Counseling (unexcused)	-\$50 from Piggybank		
Missed Drug Court (unexcused)	No-Bail Warrant / Hold for Judge		
Missed Counseling Session (unexcused)	<ul style="list-style-type: none"> • -\$50 from Piggybank 	<ul style="list-style-type: none"> • 8 hours community service forthwith until completed • -\$50 from Piggybank • Possible JAIL 	<ul style="list-style-type: none"> • 16 hours community service forthwith until completed • -\$50 from Piggybank • Possible JAIL
Missed 12-step Meeting	-\$50 per missed meeting from Piggybank		
No 12-step Signature Calendar at Drug Court	4 hours community service forthwith	If consecutive to 1st offense, possible JAIL	If consecutive to 1st and 2nd offenses, possible TERMINATION
Dressed Inappropriately	Sent Home AND Counts as Missed Drug Court Meeting		
Lying to Drug Court Official / Staff	24-hour hold AND Possible JAIL		
Curfew Violation	<ul style="list-style-type: none"> • 24 hour hold; AND • -\$100 from Piggybank 	<ul style="list-style-type: none"> • 48-hour hold; AND • -\$200 from Piggybank 	<ul style="list-style-type: none"> • 72-hour hold; AND • -\$300 from Piggybank
Inappropriate Sexual Behavior with another Drug Court Participant	Determined on case-by-case basis, but will include phase adjustment, suspension from group, and possible TERMINATION	TERMINATION from Drug Court	

VIOLATION	1st OFFENSE	2nd OFFENSE	3rd OFFENSE
THREAT of Assaultive Behavior toward another Drug Court Participant or Staff	<ul style="list-style-type: none"> • Hold for Judge; AND • Suspension from treatment for at least 30 days; AND • Phase Adjustment 	TERMINATION from Drug Court	
Assaultive Behavior toward another Drug Court Participant or Staff	TERMINATION from Drug Court		
Missed Drug Test	Same as POSITIVE DRUG TEST - "DENIED"		
POSITIVE TEST: ADMITTED IN PHASE ONE <ul style="list-style-type: none"> • To "ADMIT", you must tell Drug Court staff that you will test positive BEFORE you provide your sample. 	<ul style="list-style-type: none"> • 8 hours community service forthwith until completed 	<ul style="list-style-type: none"> • 16 hours community service forthwith until completed 	<ul style="list-style-type: none"> • 48 hours community service forthwith until complete; AND • 2 weeks House Arrest
POSITIVE TEST: ADMITTED IN PHASE TWO <ul style="list-style-type: none"> • To "ADMIT", you must tell Drug Court staff that you will test positive BEFORE you provide your sample. 	<ul style="list-style-type: none"> • 16 hours community service forthwith until completed; AND • Increase UA's to 3 times per week; AND • Fee Increase to \$55.00 per week 	<ul style="list-style-type: none"> • 24 hours community service forthwith until completed; AND • Increase UA's to 3 times per week; AND • Fee increase to \$55.00 per week; AND • 2 weeks House Arrest 	<ul style="list-style-type: none"> • 60 hours community service forthwith until completed; AND • Increase UA's to 3 times per week; AND • Fee increase to \$55.00 per week; AND • 4 weeks House Arrest
POSITIVE TEST: ADMITTED IN PHASE THREE / FOUR <ul style="list-style-type: none"> • To "ADMIT", you must tell Drug Court staff that you will test positive BEFORE you provide your sample. 	<ul style="list-style-type: none"> • 24 hours community service forthwith until completed; AND • Increase UA's to 3 times per week; AND • Fee increase to \$75.00 per week; AND • 4 weeks House Arrest 	<ul style="list-style-type: none"> • 36 hours community service forthwith until completed; AND • Increase UA's to 3 times per week; AND • Fee increase to \$75.00 per week; AND • 6 weeks House Arrest; AND • Phase Adjustment 	<ul style="list-style-type: none"> • 48 hours community service forthwith until completed; AND • Increase UA's to 3 times per week; AND • Fee increase to \$75.00 per week; AND • 8 weeks House Arrest; AND • Phase Adjustment OR Possible TERMINATION

VIOLATION	1st OFFENSE	2nd OFFENSE	3rd OFFENSE
<p>POSITIVE TEST: DENIED IN PHASE ONE</p> <ul style="list-style-type: none"> You must be excused from testing BEFORE 6:00 PM on the day you are required to test or it will be considered a missed test and will be sanctioned as follows. 	<ul style="list-style-type: none"> 24-hours Hold; AND 8 hours community service forthwith until completed; AND House Arrest as determined by Judge 	<ul style="list-style-type: none"> 72-hour Hold; AND 24 hours community service forthwith until completed; AND Increase UA's to 3 times per week; AND Fee Increase to \$55.00 per week; AND 2 weeks House Arrest 	<ul style="list-style-type: none"> Hold for Judge; AND 48 hours community service forthwith until completed; AND Increase UA's to 3 times per week; AND Fee Increase to \$55.00 per week; AND 4 weeks House Arrest; AND Possible 30-day inpatient treatment
<p>POSITIVE TEST: DENIED IN PHASE TWO</p> <ul style="list-style-type: none"> You must be excused from testing BEFORE 6:00 PM on the day you are required to test or it will be considered a missed test and will be sanctioned as follows. 	<ul style="list-style-type: none"> 72 hour Hold; AND 24 hours community service forthwith until completed; AND Increase UA's to 3 times per week; AND Fee Increase to \$55.00 per week; AND 2 weeks House Arrest 	<ul style="list-style-type: none"> Hold for Judge; AND 48 hours community service forthwith until completed; AND Increase UA's to 3 times per week; AND Fee Increase to \$55.00 per week; AND 4 weeks House Arrest; AND -\$250 from Piggybank 	<ul style="list-style-type: none"> Hold for Judge; AND 56 hours community service forthwith until completed; AND Increase UA's to 3 times per week; AND Fee Increase to \$55.00 per week; AND 4 weeks House Arrest; AND Phase Adjustment; AND -\$350 from Piggybank; AND Possible 30-day inpatient treatment
<p>POSITIVE TEST: DENIED IN PHASE THREE / FOUR</p> <ul style="list-style-type: none"> You must be excused from testing BEFORE 6:00 PM on the day you are required to test or it will be considered a missed test and will be sanctioned as follows. 	<ul style="list-style-type: none"> Hold for Judge; AND 48 hours community service forthwith until completed; AND Increase UA's to 3 times per week; AND Fee Increase to \$75.00 per week; AND 4 weeks House Arrest; AND -\$500 from Piggybank 	<ul style="list-style-type: none"> Hold for Judge; AND 56 hours community service forthwith until completed; AND Increase UA's to 3 times per week; AND Fee Increase to \$75.00 per week; AND 4 weeks House Arrest; AND Phase Adjustment; AND -\$500 from Piggybank; AND Possible 30-day inpatient treatment 	<ul style="list-style-type: none"> Hold for Judge; AND Possible TERMINATION from Drug Court

VIOLATION	1st OFFENSE	2nd OFFENSE	3rd OFFENSE
Diluted Test (considered POSITIVE)	All Applicable Sanctions for "POSITIVE TEST: DENIED"; AND Possible TERMINATION		
Ankle Monitor Sanctions NOTE: House Arrest will ALWAYS involve the use of an ankle monitor to track your location.	<p>Any tampering with the devices may result in termination from Drug Court and an order to pay restitution for the ankle monitor.</p> <p>If you leave your "inclusion" zone:</p> <ul style="list-style-type: none"> • Additional time on the ankle monitor, AND • 1st OFFENSE = Community service per Judge • 2nd OFFENSE = 24 hours jail AND community service per Judge • 3rd OFFENSE = Jail per Judge <p>If you go to an "exclusion" zone:</p> <ul style="list-style-type: none"> • Go to jail until Judge can see you <p>Dead Battery – 1 hour community service for each 15 minutes battery is dead. If the battery is dead for over 2 hours, then Jail per Judge.</p>		

OTHER SANCTION INFORMATION

Fee Balance Limits:

Phase One limit = \$105 / Phases Two, Three, & Four limit = \$70. Fee balances will be reviewed at every Drug Court hearing where all phases attend. If at that time your fee balance exceeds the limit, you will be fine an additional \$100 and you will go to jail. You will be released only when you post bail to cover your fee balance plus the \$100 fine (i.e., if your fee balance is \$150, you would have to post \$250 to be released from jail . . . \$150 fee balance + \$100 fine = \$250.00 cash bail). In addition, after your release, you will be required to submit a 3-month budget with supporting documentation.

Termination from Drug Court:

Termination may be considered for any violation, however, the following is a guide concerning when termination is more likely:

- 1) any purchase, possession or use of any "flush kit" or substance designed or used to give a clean drug screen test even if the participant is using drugs;

- 2) lying to a Drug Court official;
- 3) any breach of confidentiality concerning information obtained in group sessions;
- 4) failure to consistently abide by Drug Court rules;
- 5) confirmed test that shows positive for any controlled substance; or
- 6) violence toward any Drug Court participant or staff.

Violations in Excess of a 3rd Offense:

Any violations in excess of a 3rd offense will be considered for more serious sanctions than a third offense OR will result in termination from the Drug Court Program.

Community Service:

All community service must be performed at a location approved by your Case Manager. Any community service imposed as a sanction is to be completed immediately, continuing on consecutive days until all hours have been performed. If your sanction includes time in jail AND community service, you are required to perform your community service immediately upon your release from jail.

Inpatient Treatment:

As a sanction, the Judge may order that you attend an inpatient treatment program for a period of time. If this is ordered, you will be required to pay for that treatment as part of the sanction.

Sanction for Proximity to Drugs / Alcohol:

The sanction may be the same if you are in a location where drugs or alcohol are being used, even if you are not using drugs or alcohol. You cannot be in the same location where drugs or alcohol are being used.

Sanctions Imposed by Case Managers:

Under certain circumstances as defined in the sanction schedule, and your plea agreement, Case Managers will have the authority to immediately arrest participants for violation of Drug Court rules.

DRUG COURT PROGRAM RULES

As a Drug Court participant, you must comply with the following rules:

- 1) Attend all court appearances and treatment sessions. Treatment sessions include individual and group treatment sessions, self-help sessions (12 step meetings) as ordered, education sessions and other meetings as ordered. If you are unable to attend a scheduled counseling session, you must contact Northeastern Counseling as soon as possible.
- 2) Be on time. If you are late, you may not be allowed to participate in the treatment session or court hearing and you will be in violation of Drug Court rules.
- 3) Do not make threats towards other participants or staff or behave in a violent manner. Violent or inappropriate behavior will not be tolerated and will be reported to the court. This may result in termination from the program.
- 4) Do not possess or use drugs or alcohol or be where alcohol or drugs are being consumed.
- 5) Do not possess weapons.
- 6) Dress appropriately for Court and treatment sessions. You must wear a shirt or blouse, pants, dress, skirts or shorts of a reasonable length. Shoes must be worn at all times. Clothing, jewelry or accessories advertising alcohol or drugs or that have alcohol or drug use themes will not be allowed. Sunglasses and hats are not to be worn into court or the treatment facility. Speak with your Case Manager or Counselor if you need help with clothing.
- 7) Inappropriate sexual behavior or harassment will not be tolerated. There are to be no romantic, sexual, or flirtatious relationships among other Drug Court participants, unless members are married or according to the policy in this handbook, as follows:
 - a) Any romantic or sexual relationships are prohibited with other Drug Court participants while in Phase 1;
 - b) Any romantic or sexual relationship with a member of the same Drug Court group is prohibited;

- c) Any romantic or sexual relationship with another Drug Court member must be reported to counseling and Case Managers; and
 - d) The Judge may prohibit any romantic or sexual relationship at any time during the Drug Court program if it is determined that such relationship is detrimental to the participants progress in recovery.
- 8) You must notify your Case Manager of any contacts with law enforcement officers immediately.
 - 9) You must notify your health care provider that you are a Drug Court participant before receiving any prescriptions. You must also receive the Judge's, your Counselor's, and your Case Manager's permission to take any medication. This includes prescription medication or over-the-counter medication. Prescriptions for similar drugs from more than one health care provider may be grounds for termination from the program, unless approved by the Court. You must sign a release if the Judge or your Case Manager determines that it is necessary to contact the health care provider to clarify whether the prescription is warranted.
 - 10) You are required to call the Drug Court office (781-6706) every day starting at 5:00 PM. to determine if you are to appear at the Drug Court office for a test.
 - 11) You must notify your Case Manager if any information that is contained in your intake questionnaire changes. You will need update your personal information with your Case Manager each month. Your Case Manager will tell you when you are to appear at the Drug Court office to update your personal information.
 - 12) Pay your weekly fees on time. Failure to pay regularly may result in sanctions or termination from the program.
 - 13) Violate no laws. If you have been charged with a violation of any law, you must notify your Case Manager and the Uintah County Attorneys Office within 72 hours.
 - 14) If you are also on probation with the Department of Corrections, you are to sign and abide by the terms of your probation or parole agreement.
 - 15) You must obtain and maintain full time employment or schooling, or a combination of employment and school.

- 16) Comply with restrictions made by the court, including, but not limited to: a) conditions of employment; b) curfew; c) who you are allowed to associate with; d) electronic monitoring; and e) obtain and maintain a drug and alcohol free residence.
- 17) Immediately notify your Case Manager if you use any drug or alcoholic product.
- 18) Comply with all rules established by Northeastern Counseling. Complete all necessary evaluations, including any follow-up evaluation after graduation.
- 19) Maintain confidentiality are you participate in group counseling. You must not disclose any identifying information about anyone in the group without specific written permission. You cannot discuss information about other group members.
- 20) BE HONEST. Honesty is required. Do not lie to any Drug Court official. Do not lie to yourself. You cannot change your behavior if you do not admit to your behaviors.
- 21) Give and accept feedback. Keep an open mind when receiving feedback from other group members. Do not allow others to avoid subjects of discussion just because they are difficult to discuss. Do not defend them, joke about the topic, or change the subject. Do not make snide remarks or name-call other participants in the group.
- 22) Do not glamorize drug use. This evidences denial and minimization. It can also trigger addictive thinking in others.
- 23) In group settings, focus on one topic at a time.
- 24) If you are in Phase 1 or 2 will be required to wear an ankle monitor if you leave town. If you are in Phase 3 and 4, you may be required to wear the ankle monitor when you leave town, if requested to by their Case Manager. The associated cost will always be paid by the participant.

TREATMENT PROCEDURES

Northeastern Counseling Center has established a treatment program for all Drug Court participants. You will be assessed for the severity of your addiction to determine both your eligibility for the Drug Court program and to help design your treatment program. The Treatment program includes assessment, evaluation, individual and group counseling, relapse prevention, self-help, and ancillary services such as vocational rehabilitation, family counseling, medical services, educational, recreational, spiritual and community support services.

PHASE 1: 8 WEEKS

- An evaluation, including the Addiction Severity Index (ASI), and a psychological evaluation, if necessary;
- Individual counseling for 1 hour, 1 time weekly;
- Intensive Outpatient Program (IOP) for 2 hours, 4 times per week, with one group handled by nurse to cover general health care;
- AA/NA self-help attendance or other meeting as approved by Counselor, 3 times weekly;
- Obtaining an AA/NA sponsor;
- Phase 1 is designed to last approximately 8 weeks. Failure to move from Phase 1 can limit access to the program for other participants. Failure to move to Phase 2 within 16 weeks will result in an increase in weekly fees by \$10.00 each week that the participant has not moved to the next phase; and
- Complete paperwork for obtaining GED.

To advance to Phase 2, you must achieve the following:

- ✓ Successfully complete IOP and be recommended for advancement;
- ✓ Attend at least 3 AA/NA sessions in each week for at least 6 consecutive weeks;
- ✓ Obtain a sponsor from your AA/NA group;
- ✓ Regular attendance at individual and group counseling sessions, as recommended;
- ✓ At least 10 consecutive weeks of negative drug tests;
- ✓ At least 10 consecutive weeks without alcohol consumption;
- ✓ Be current with Drug Court fees;
- ✓ Be recommended for advancement by Northeastern Counseling Center, your Case Manager, and approved by the Judge;
- ✓ Have no pending sanctions;
- ✓ Have completed step 3 in a 12-step program; and
- ✓ Have GED paperwork completed (if you do not have a diploma or GED).

PHASE 2: 24 WEEKS

- Re-administration of ASI to help determine positive changes;
- Individual counseling for 1 hour, every other week;
- Group therapy (some of which will be open for family member participation) for 1.5 hours, one time per week;
- Vocational skills training, as recommended;
- Educational skills training, as recommended;
- AA/NA self-help attendance, at least 3 times weekly;
- Enroll in GED classes;
- Phase 2 is designed to last approximately 24 weeks. Failure to move from Phase 2 can limit access to the program for other participants. Failure to move to Phase 3 within 32 weeks will result in an increase in weekly fees by \$10.00 each week that the participant has not moved to the next phase.

To advance to Phase 3, you must achieve the following:

- ✓ Regularly attend individual, group and family counseling;
- ✓ Attend 3 AA/NA sessions in each week for at least 6 consecutive weeks;
- ✓ At least 18 consecutive weeks of negative drug tests;
- ✓ At least 18 consecutive weeks without alcohol consumption;
- ✓ Be current on Drug Court fees;
- ✓ Obtain a drug-free living environment;
- ✓ Be recommended for advancement by Northeastern Counseling Center, your Case Manager, and approved by the Judge;
- ✓ Have completed step 4 in a 12-step program; and
- ✓ Be currently enrolled in GED classes (if you do not have a diploma or GED).

PHASE 3: 16 WEEKS

- Re-administration of ASI to help determine positive changes;
- Individual counseling, 1 hour, every other week;
- Group therapy (some of which will be open for family member participation) for 1.5 hours, one time per week;
- Vocational skills training, as recommended;
- Educational skills training, as recommended;
- AA/NA self-help attendance, at least 3 times weekly;
- Enroll in GED classes;
- Phase 3 is designed to last approximately 16 weeks. Failure to move from Phase 1 can limit access to the program for other participants. Failure to move to Phase 4 within 24 weeks will result in an increase in weekly fees by \$10.00 each week that the participant has not moved to the next phase.

To advance to Phase 4, you must achieve the following:

- ✓ Regularly attend individual, group and family counseling;
- ✓ Attend 3 AA/NA sessions in each week for at least 6 consecutive weeks;
- ✓ At least 18 consecutive weeks of negative drug tests;
- ✓ At least 18 consecutive weeks without alcohol consumption;
- ✓ Be current on Drug Court fees;
- ✓ Obtain a drug free living environment;
- ✓ Be recommended for advancement by Northeastern Counseling Center, your Case Manager, and approved by the Judge;
- ✓ Have completed step 4 in a 12-step program.
- ✓ Be currently enrolled in GED classes (if you do not have a diploma or GED).

PHASE 4: 8 WEEKS

- Completion of Phase 4 will make you eligible for Drug Court graduation;
- Alumni Group for 1.5 hours, one time per week;
- Vocational training, as recommended;
- Educational training, as recommended;
- AA/NA self help attendance, at least 3 times weekly;
- Phase 4 is designed to last approximately 8 weeks. Failure to graduate can limit access to the program for other participants. Failure to graduate within 16 weeks will result in an increase in weekly fees by \$10.00 each week that the participant has not graduated.

To graduate, you must achieve the following:

- ✓ Regularly attend Alumni Group;
- ✓ Attend at least 3 AA/NA sessions in each week for at least 18 consecutive weeks;
- ✓ At least 40 consecutive weeks of negative drug tests;
- ✓ At least 40 consecutive weeks without consumption of alcohol;
- ✓ Be current with Drug Court fees;
- ✓ Be living in a drug-free environment;
- ✓ Be engaged in full-time employment, schooling or parenting or a combination thereof;
- ✓ Maintain regular contact with your AA/NA sponsor;
- ✓ Have completed step 5 in a 12-step program;
- ✓ Be recommended for graduation by Northeastern Counseling Center, your Case Manager, and approved by the Judge.

AFTER CARE

For participants entering Drug Court after February 1, 2008, there will be a mandatory aftercare for six months after graduation. The requirements for this will be:

- Test on the color purple, or one time per month
- Attend alumni group every two weeks
- Attend 12 step meeting three (3) times per week
- Complete aftercare evaluation at participants expense Northeast Counseling

These conditions must be met to be eligible for your plea in abeyance to be withdrawn.

SELF-HELP (12 STEP) MEETINGS

Participants are required to attend at least three self-help meetings per week. It is the participant's obligation to attend meetings that will verify the participant's attendance. Each court session you will be required to bring proof of your attendance to the required number of self help meetings. If you do not have your calendar with you, or if you have not attended the required number of meetings per week, you will receive sanctions.

EVALUATIONS

In order to identify trends, improve the Drug Court program and determine success, all participants will be completing evaluations and questionnaires during the Drug Court program and after graduation. One of the conditions necessary to have complete your Drug Court obligation will be to complete an evaluation six months after graduation.

CONFIDENTIALITY

Federal law requires that your privacy be protected. Northeastern Counseling Center has developed guidelines and procedures which comply with federal law and protect your confidentiality. You will be asked to sign a release authorizing your Case Manager, Drug Court Judge and Drug Court Administrator to receive information about your progress in therapy and treatment. Information about your attendance, drug tests, employment, living conditions, and general progress in the Drug Court program may be discussed in open court. When you graduate from the Drug Court, you may ask that your court file be sealed.

DISMISSAL OF CHARGES

Compliance with the Drug Court conditions and aftercare is a requirement for dismissal of the charges. If you entered the Drug Court with a plea in abeyance agreement, the plea will be held in abeyance for three years from the date you enter your plea.

If you comply with all the conditions of Drug Court and treatment, you may be eligible to graduate within one year. Graduation from Drug Court will not be accompanied by a dismissal of your charges.

If you want your charges dismissed, you will have to complete the aftercare, the post Drug Court evaluation and make a motion to the court to have the original plea withdrawn. The dismissal of the charges will not be automatic. If you are eligible, you must make the request and present evidence to the court that you have graduated from Drug Court and complied with all the aftercare requirements and evaluations.

CONCLUSION

The Drug Court program in Uintah County is designed to heal drug addicts and help you achieve total abstinence from illegal drugs and alcohol. The program is designed to promote self-sufficiency and return you to the community as a productive and responsible citizen. The program is voluntary and is your choice. The Judge, Drug Court Administrator, your Case Manager and all of the Counselors on the treatment staff, as well as the recovering addicts in AA and NA, are here to help you. But in the end, it is up to you choose to live drug-free or not. We want you to succeed.

IMPORTANT RESOURCES:

Your Case Manager's name and phone number are circled below:

Eighth District Court	781.9300
Drug Court Administrator	781.5436
Northeastern Counseling Center	789.6300
After-hours Emergency	828.8241
Child & Family Services	781.4250
Human Service	781.4200
Workforce Services	781.4100
Uintah County Jail	781.5422
Uintah County Drug Court Office	781.6706
Greg Lamb, Drug Court Administrator	781.5436
Michael Drechsel, Drug Court Administrator	781.5436
Dustin Cheshire, Supervising Case Manager	621.6102
Dustin Gray, Case Manager	790.3719
Nathan Webb, Case Manager	621.1248
Amanda Cole, Drug Testing Technician	724.6062
Tina Menuey, Drug Testing Technician	781.5422
Josh Nichols, Drug Testing Technician	781.5422
Kit Yack, Drug Abuse and Prevention Coordinator	781.5374
Melissa Anderson, Family Coordinator	781.5372

12-STEP MEETING SCHEDULE

Drug Court Meetings – Vernal (Must attend 3 each week)

Tuesday	7:00 p.m.	Book Study	Serenity Club
Thursday	7:00 p.m.	Discussion	Serenity Club
Saturday	7:00 p.m.	Discussion	Serenity Club

Vernal AA Meetings:

Sunday	10:30 a.m.	Men Meet	American Legion (Non-Smoking; Closed)
Monday	8:00 p.m.	Discussion	Assembly of God (Non-Smoking; Closed)
Tuesday	8:00 p.m.	Men Meet	St. Paul's (Non-Smoking; Closed)
Wednesday	1:00 p.m.	Women Meet	St. Paul's (Non-Smoking; Closed)
Thursday	8:00 p.m.	Book Study	St. James' (Non-Smoking; Closed)
Friday	8:00 p.m.	Discussion	Assembly of God (Non-Smoking; Closed)
Saturday	8:00 p.m.	Discussion	St. Paul's (Non-Smoking; Open)

Roosevelt AA Meetings:

Sunday	7:00 p.m.	Discussion	Alano Club (Non-Smoking; Open)
Monday	8:00 p.m.	Discussion	Alano Club (Non-Smoking; Open)
Wednesday	7:00 p.m.	Book Study	Alano Club (Non-Smoking; Open)
Friday	7:00 p.m.	Discussion	Alano Club (Non-Smoking; Closed)
Saturday	7:00 p.m.	Discussion	Alano Club (Non- Smoking; Closed)

Vernal NA Meetings:

Sunday	8:00 p.m.	Discussion	American Legion Hall (Open)
Monday	8:00 p.m.	Discussion	American Legion Hall (Closed)
Tuesday	7:00 p.m.	Book Study	American Legion Hall (Open)
Wednesday	8:00 p.m.	Book Study	American Legion Hall (Open)
Thursday	8:00 p.m.	Discussion	American Legion Hall (Open)
Friday	8:00 p.m.	Discussion	American Legion Hall (Open)
Saturday	7:00 p.m.	Discussion	American Legion Hall (Open)

Vernal AI-Anon:

Tuesday	8:00 p.m.	Discussion	Vernal City Offices
Thursday	8:00 p.m.	Discussion	Uintah County Building

Meeting Addresses:

Serenity Club	510 East Main, Vernal (West Door)
St. Paul's	226 West Main, Vernal (Rear of Building)
St. James	138 North 100 West, Vernal (Basement)
Alano Club	144 East 300 South, Roosevelt (Behind Maverick)
Assembly of God	444 West 400 North, Vernal
American Legion	361 Vernal Ave., Vernal
Uintah County Building	147 E 200 N, Vernal



Uintah County Drug Court Prescription Drug Doctor Notification Form

I, _____, understand that _____ is a
(Physician or APRN's Name) (Participant's Name)
participant in the Uintah County Drug Court Program and has been diagnosed with a drug
dependency problem. I understand that certain classes of drugs have a high potential for abuse
and that certain classes of drugs (hypnotics, sedatives, anxiolytics, opiates/opioids, barbiturates
and stimulants) may not be appropriate for addicts whose drug dependence is not in remission,
or is still in early remission. I understand that _____ drug(s) of
(Participant's Name)
choice is / are: _____
_____.

I understand that it is common for people who are drug dependent to substitute other classes
of drugs when they do not have access to their drug of choice. I am prescribing
_____. I anticipate
(Medication and Dosage)
that _____ will be on this medication for _____.
(Participant's Name) (# of Days / Weeks / Months)

Physician or APRN Date

Drug Court Participant Date

If the prescribing physician or APRN has any questions about this form, they may contact Northeastern Counseling Center at 435.789.6300. NCC is not able to release any information without a release of information that is compliant with 42 C.F.R 2.



Uintah County Drug Court Authorization for Release of Medical Information

Name: _____

Date of Birth: _____

Permission is given to: _____,
(Physician, Agency, or Health Care Provider holding medical information)

to furnish to the Uintah County Drug Court all information and records of treatment,

examination, care and other medical records concerning: _____.
(Patient's Name)

Signature of Person Named

Date

Witness

Date

THINGS YOU MUST DO WHEN YOU START DRUG COURT

- Call Drug Court every morning before 10:00 AM at 435.781.6706.
- Test on the color RED. If RED is the color for that day, you must report to provide a sample.
- Call your Case Manager within two days.

Name: _____ Phone: _____

- Contact Northeast Counseling Center, tell them that you are in Drug Court and need to start groups and counseling. The number is 435.789.6300.
- Read this Drug Court handbook from beginning to end. Follow all the rules.
- Attend at least three AA or NA meetings each week. Make sure the facilitator or meeting secretary signs your 12-step attendance calendar to verify your attendance
- Bring your 12-step attendance calendar with you to all Drug Court hearings.
- Give Al-Anon information to spouse, child, parent or close family member.
- Do not drink any alcoholic beverage.
- Do not consume any illegal drugs or be where they are being consumed.
- Attend Drug Court on: _____ at _____ AM/PM.